

## FAMILY SUPPORT GROUP & CONNECTION MEETING SCHEDULE

**Family Support Group (FSG):** for family members and caregivers  
of those living with a mental illness

**Connection Support Group:** for peers living with a mental illness

### **NAMI ANTELOPE VALLEY:**

[WWW.NAMIANTELOPEVALLEY.COM](http://WWW.NAMIANTELOPEVALLEY.COM)

PHONE: (661) 341-8041

EMAIL: [NAMI-AV@NAMI-AV.ORG](mailto:NAMI-AV@NAMI-AV.ORG)

FSG English

Second and Fourth Monday, 7:00 pm – 8:30 pm

Antelope Valley Hospital

1600 W. Avenue J - 2nd floor

Lancaster, CA 93534

FSG Spanish

Primer martes

First Tuesday, 6:00 pm – 8:00 pm

NAMI AV Conference Room

44349 Lowtree Ave.

Lancaster, CA 93534

Connection English

Second and Fourth Monday, 7:00 pm – 8:30 pm

NAMI AV Conference Room

44349 Lowtree Ave.

Lancaster, CA 93534

### **NAMI EAST SAN GABRIEL VALLEY:**

MESSAGE PHONE: (626) 974-8702

FSG English

Thursdays, 7:30 pm – 9:00 pm

La Puente First United Methodist Church

15701 E. Hill St.

La Puente, CA 91744

FSG English

Second and Third Tuesday, 5:30 pm – 7:00 pm

Pacific Clinics Sierra Family Center

1160 S. Grand Ave.

Glendora, CA 91740

### **NAMI GLENDALE:**

[WWW.NAMIGLENDALE.ORG](http://WWW.NAMIGLENDALE.ORG)

PHONE: (213) 797-0494

EMAIL: [NAMIGLENDALE@GMAIL.COM](mailto:NAMIGLENDALE@GMAIL.COM)

FSG English

Tuesdays, 6:00 pm – 7:30 pm

Didi Hirsch

1540 E. Colorado St.

Glendale, CA 91205

FSG English

Second and Fourth Sunday, 5:00 pm – 6:30 pm

Glendale Adventist Hospital

Psych 1 West Classroom 1 (Ground Floor)

1509 Wilson Terrace

Glendale, CA 91206

FSG Spanish

Martes/Tuesdays, 5:30 pm – 8:30 pm

Northeast Wellness Center

5564 Figueroa St.

Los Angeles, CA 90042

FSG Armenian

Every last Thursday, 6:00 pm – 7:30 pm

Didi Hirsch

1540 E. Colorado St.

Glendale, CA 91205

Connection English

Second and fourth Tuesday, 6:00 pm – 7:30 pm

Didi Hirsch

1540 E. Colorado St.

Glendale, CA 91205

## **NAMI LONG BEACH:**

**WWW.NAMILONGBEACH.ORG**

**PHONE: (562) 435-2264**

**EMAIL: NAMI@LONGBEACH.ORG**

FSG English

Second and Fourth Wednesday, 7:00 pm – 8:00 pm

NAMI Long Beach office

5230 Clark Ave., Suite 2

Lakewood, CA 90712

Faith-Based FSG English (non-denominational)

Third Wednesday, 6:30 pm – 8:00 pm

NAMI Long Beach office

5230 Clark Ave., Suite 2

Lakewood, CA 90712

Connection English

Mondays, 6:00 pm -7:30 pm

NAMI Long Beach office

5230 Clark Ave., Suite 2

Lakewood, CA 90712

## **NAMI POMONA VALLEY:**

**WWW.NAMIPV.ORG**

**INFO HELPLINE: (909) 399-0305**

**OFFICE NUMBER: (909) 625-2383**

**EMAIL: NAMIPV@VERIZON.NET**

FSG English

First Tuesday, 6:15 pm – 7:30 pm

Claremont Presbyterian Church

1111 N. Mountain Ave.

Claremont, CA 91711

FSG English

Fourth Tuesday, 6:30 pm – 8:30 pm

462 N. Indian Hill Bl., Suite A

Claremont, CA 91711

Connection English

Fridays, 7:00 pm – 8:30pm

1601 Monte Vista Ave.

Claremont, CA 91711

Connection English

First Tuesday, 6:15 pm – 7:30 pm

Claremont Presbyterian Church

1111 N. Mountain Ave.

Claremont, CA 91711

## **NAMI SAN FERNANDO VALLEY:**

**WWW.NAMISFV.ORG**

**INFO HELPLINE: (818) 994-6747**

**EMAIL: INFO@NAMISANFERNANDOVALLEY.ORG**

FSG English

Second and Fourth Wednesday, 7:00 pm – 8:45 pm

SFV Community Mental Health Inc.

Center for Family Living

14545 Sherman Circle

Van Nuys, CA 91405

FSG for spouses, brothers, sisters and adult children of people with mental illness. (English)

First Wednesday, 7:00 pm – 8:30 pm

SFV Community Mental Health Inc.

Center for Family Living

14545 Sherman Circle

Van Nuys, CA 91405

FSG English

First and Third Thursday, 7:00 pm – 8:45 pm

Northridge Hospital Medical Center/Mental Health

Institute/Carol Pump Building

18300 Roscoe Bl.

Northridge, CA 91325

FSG for spouses, brothers, sisters and adult children of people with mental illness. (English)

Third Tuesday, 7:00 pm – 8:30 pm

Northridge Hospital Medical Center/Mental Health

Institute/Carol Pump Building

18300 Roscoe Bl.

Northridge, CA 91325

FSG English

First Monday, 7:00 pm – 8:45 pm

Northridge Hospital Medical Center/Mental Health

Institute/Carol Pump Building

18300 Roscoe Bl.

Northridge, CA 91325

FSG English

Second and Fourth Monday, 7:00 pm – 9:00 pm

West Valley Christian School

22450 Sherman Way

West Hills, CA 91307

## CONT. NAMI SAN FERNANDO VALLEY

FSG English

First and Third Tuesday, 6:30 pm – 8:00 pm

Santa Clarita Mental Health Clinic

23501 Cinema Dr. Suite 210

Santa Clarita, CA 91355

FSG English

Second and Fourth Monday, 7:00 pm – 8:30 pm

Real Life Church, Room 212

23841 Newhall Ranch Rd.

Valencia, CA 91355

FSG Spanish

Primer y tercer martes/First and third Tuesday

6:30 pm – 8:00 pm

Olive View Community Mental Health

Urgent Care Center

14659 Olive View Dr.

Sylmar, CA 91342

Connection English

Saturday, 10:30 am – 12:00 pm

Kaiser Permanente-Group Room 2

21263 Erwin St.

Woodland Hills, CA 91367

## NAMI SAN GABRIEL VALLEY:

[WWW.NAMISANGABRIELVALLEY.ORG](http://WWW.NAMISANGABRIELVALLEY.ORG)

PHONE: (626) 577-6697

EMAIL: [SGVNAMI@PACIFICCLINICS.ORG](mailto:SGVNAMI@PACIFICCLINICS.ORG)

FSG English

Thursdays, 5:30 pm – 7:30 pm

Wilson Auditorium

2471 E. Walnut St.

Pasadena, CA 91107

FSG Cantonese & Mandarin

First Thursday, 6:00 pm

Asian Pacific Family Center

9353 E. Valley Bl., Suite C

Rosemead, CA 91770

(626) 287-2988

Connection English

First and third Monday, 4:00 pm – 5:30 pm

Aurora Las Encinas Hospital

2900 E. Del Mar Bl.

Pasadena, CA 91107

## NAMI SOUTH BAY:

[WWW.NAMISOUTHBAY.COM](http://WWW.NAMISOUTHBAY.COM)

PHONE: (310) 533-0705

EMAIL: [PSTANS5@AOL.COM](mailto:PSTANS5@AOL.COM)

FSG English

Third Monday of the month unless legal holiday

and then fourth Monday, 6:00 pm

First Lutheran Church

2900 W. Carson St.

Torrance, CA 90503

FSG English

Fourth Tuesday, 7:00 pm

Lutheran Church of the Good Shepherd

20110 Victor St.

Torrance, CA 90503

FSG English

Second Tuesday, 6:00 pm - 7:30 pm

Temple Emet

2051 W. 236th St.

Torrance, CA 90501

FSG English

Fourth Monday, 7:00 pm – 8:30 pm

El Segundo Library

Rose Garden Room

111. W. Mariposa Ave.

El Segundo, CA 90245

FSG Japanese

Second Monday, 2:00 pm – 4:00 pm

Harbor UCLA Wellness Center

21730 Vermont Ave., Suite 210

Torrance, CA 90503

FSG Spanish

Martes/Tuesdays, 4:30 pm – 6:30 pm

Harbor UCLA Medical Center

Building D2

1000 W. Carson St.

Torrance, CA 90502

Connection English

Thursdays, 6:00 pm

Harbor UCLA Medical Center

Building 2 South

1000 W. Carson St.

Torrance CA 90502

**NAMI LOS ANGELES SOUTH CENTRAL:**

PHONE: (310) 668-4271

EMAIL: [NAMISOUTHCENTRAL@GMAIL.COM](mailto:NAMISOUTHCENTRAL@GMAIL.COM)

FSG English

First and Third Thursday, 5:00 pm – 6:30 pm

Augustus F. Hawkins Family Focus

Mental Health Center

Meeting Room 1119

1720 East 120th St.

Los Angeles, CA 90059

**NAMI URBAN LOS ANGELES:**[WWW.NAMIURBANLA.ORG](http://WWW.NAMIURBANLA.ORG)

PHONE: (323) 294-7814

EMAIL: [INFO@NAMIURBANLA.ORG](mailto:INFO@NAMIURBANLA.ORG)

FSG English

Second and Fourth Thursday, 7:00 pm – 9:00 pm

Leimert Park

4305 Degnan Bl., Suite 104

Los Angeles, CA 90008

FSG Spanish

Tercer Jueves/Third Tuesday, 10:30 am – 12:00 pm

Enki Family Clinic

6001 Clara St.

Bell Gardens, CA 90201

FSG Spanish

Primer y Tercer Viernes/First and third Friday

6:00 pm – 7:30 pm

Veteran's Park

6662 Loveland St.

Bell Gardens, CA 90201

FSG Spanish

Thursdays/Jueves, 9:00 am – 10:30 am

Clinica Familiar San Antonio

2629 Clarendon Ave.

Huntington Park, CA 90255

FSG Spanish

Segundo y cuarto jueves/Second and Fourth Tuesday

5:00 pm – 6:30 pm

Leimert Park

4305 Degnan Bl., Suite 104

Los Angeles, CA 90008

FSG Spanish

Fourth Tuesday, 10:30 am - 12:00pm

ENKI Family Clinic

1436 Goodrich St.

Commerce, CA 90022

**NAMI WESTSIDE:**[WWW.NAMILA.ORG](http://WWW.NAMILA.ORG)

PHONE: (310) 889-7200

FSG English

Mondays, 6:30 pm – 8:00 pm

Didi Hirsch

4760 Sepulveda Bl.

Culver City, CA 90230

FSG English

First Tuesday, 6:00 pm - 7:30 pm

Malibu Public Library

23519 W. Civic Center Way

Malibu, CA 90265

FSG English

Second and Fourth Tuesday, 6:00 pm – 7:30 pm

Topanga Library

122 N. Topanga Canyon Bl.

Topanga, CA 90290

FSG English

Second and Fourth Saturday, 10:00 am – 11:30 am

Brentwood Branch Library

11820 San Vicente Bl.

Los Angeles, CA 90049

FSG Spanish

Segundo y Cuarto Jueves/Second and Fourth Thursday

7:00 pm – 8:30 pm

Daniel's Place

1619 Santa Monica Bl.

Santa Monica, CA 90404

Connection English

Wednesdays, 6:30 pm - 8:30 pm

Didi Hirsch

4760 Sepulveda Bl.

Culver City, CA 90230

**NAMI WHITTIER:**

PHONE: (562) 692-8006

EMAIL: [NAMIWHITTIER@AOL.COM](mailto:NAMIWHITTIER@AOL.COM)

FSG English

Second and fourth Thursday, 6:30 pm – 8:00 pm

First United Methodist Church

Wesley Building, Room 121

6725 Friends Ave.

Whittier, CA 90601